

Dramatic Transformation

D-ay dreaming, released into being.
R-ole playing.
A-cting out: sing, jump, dance, shout.
M-odelling myth through movement,
A-ssisting, not resisting, letting it all out.

T-ime to feel, to have a voice; to be
H-ear'd, to be seen, to heal.
E-xciting the senses, implicit learning.
R-apture of the spirit, unravelling:
A-rchetypes, anima and animus,
P-oetry, stories, stillness. Sacred
Y-earning.

H-ero's and heroine's journey,
E-mbodying emotions,
A-rt, awakening, alchemy.
L-ibidinal charge, active or passive?
S-erendipity, seeking, synchronicity.

Written by Leanne Webber,
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